



3300 OCEAN DRIVE
VERO BEACH,
FLORIDA 32963
(772) 234-8299

EL SID

TAQUERIA

ELSID.COM

Hours: Sunday-Thursdays 7am-8pm, Friday & Saturday 7am-9pm

TACOS

100% corn tortilla (gluten-free) • shaved cabbage
feta cheese • radish • onion • cilantro • lime wedge
One 4.50 • Two 8.50 • Three 12.75

QUESADILLAS

6
Flour tortilla lightly griddled with Mexican Chihuahua
cheese • shaved cabbage • chopped onions • cilantro •
pickled jalapeno • lime wedge. Your choice of protein.

YOU "JUAN" A BOWL

8.50
Cilantro lime rice topped with black beans • shredded
cabbage • queso fresco • cilantro • onion • tomatoes •
radish • sour cream. Your choice of protein.

PROTEIN CHOICES:

Carne Asada

Seared steak • house marinade

Carnitas

"Little Meats" • tender braised pork

Pollo Asado

Char-grilled marinated chicken

Triple J

Vegetarian black bean purée • grilled marinated
portobello mushroom • rajas poblanos • onions

Mahi

Seasoned with Countryside Family Farms' seafood
rub • grilled

Gringo

Ground beef • cheese • onion • lettuce • tomato

WTF (Weekly Taco Favorite)

Limited time recipes for the adventurous palate!

THATSALADA ENSALADA

10

Medley of mixed greens • sweet corn • black beans •
radish • tomato • cilantro • Bermuda onion • choice
of protein • garnished with feta and tortilla crisps. •
Creamy avocado ranch dressing.

THE SCOOP

1 for 4 • 2 for 7

Half of a seasoned avocado topped with salsa roja and
shaved cabbage • feta cheese • radish • onions • cilantro
• lime wedge

Add your favorite protein 2

EMPANADA

6.50

Ancho-infused braised short rib with queso and onion
• stuffed in pastry dough and deep-fried • lime crema
fresca • tomato drizzle garnish

MEXICAN STREET CORN

4.25

Roasted sweet corn with diced green chiles • crema
fresca • tajin seasoning

MEXICAN SHRIMP COCKTAIL

8

"Camarones Tropical" – spicy gazpacho loaded with
sweet Gulf shrimp • fresh avocado.

SOPA DE POLLO

4.25

Robust chicken soup with black beans and corn •
topped with crispy tortilla strips • chopped cilantro •
crema fresca

HOUSE-MADE TORTILLA CHIPS

- + Guacamole 8
- + Black Bean Dream 7
- + House Queso Dip 6
- + Salsa 4

Breakfast Tacos

Available 7am to 11am

MORNING MIGAS

5
Scrambled eggs with fresh grilled tortillas mixed throughout,
topped with warm chunky salsa and house queso.

PIG IN PARADISE

5
Flour tortilla topped with fried egg • chopped seasoned
bacon • charred scallion crema.

THE SARAPE

7
Oversized flour tortilla griddled and folded with
Chihuahua cheese • fried egg • chorizo • black bean
puree

HUEVOS AMERICANOS

5
Corn tortilla layered with fried potatoes • egg • regular
taco dressings • salsa.

BAD JUAN

7
Smoked short rib • fried egg • jalapeno peppers •
Chihuahua cheese • black bean puree • bacon on a flour
tortilla.

Add Chorizo or Crumbled Bacon to any order for \$2.

CONSUMERS ADVISORY: Consuming raw or undercooked meats,
poultry, fish, seafood, shellfish, or eggs may increase risk of
foodborne illness especially if you have certain medical conditions.